



When Survivors Give Birth: Understanding and Healing the Effects of Early Sexual Abuse on Childbearing Women

By Penny Simkin, Phyllis Klaus

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When Survivors Give Birth is written for a mixed audience of maternity care professionals and para-professionals, mental health therapists and counselors, and women survivors and their families. The authors expertly and compassionately address the unusual and distressing challenges that arise for abuse survivors during the childbirth experience.

The first section informs the reader of the impact of early sexual abuse on children, adults, and on all aspects of childbearing. The second section teaches skills in communication, self-help skills, counseling and psychotherapy techniques. The third covers clinical challenges and solutions for doctors, nurses, midwives, doulas, and others. Case histories throughout the book clarify and apply the content.

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Editorial Review

About the Author

Penny Simkin, P.T., is a physical therapist, childbirth educator, doula, counselor, and writer. She is author or co-author of 5 books and numerous articles on childbearing.

Phyllis H. Klaus, C.S.W., M.F.T., a psychotherapist, who specializes in women's reproductive issues. She is co-author of 4 books on childbirth and newborns.

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