



What Matters Most : The Power of Living Your Values

By Hyrum W. Smith

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In *What Matters Most*, bestselling author Hyrum W. Smith explains why so many people feel something is missing from their lives because of conflicts between actions and personal values. Through compelling examples from others and from his own extensive experience, Smith outlines a simple but powerful formula to help you identify your own values and live them to the fullest. This strategy consists of three valuable steps:

Discover what matters most to you

Make a plan

Act on that plan

By incorporating Smith's strategy into your life, you will not only re-embrace your values but you will make them your priority. *What Matters Most* is an indispensable and timely guide to living a truly fulfilling life and becoming the person you always wanted to be.

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What Matters Most : The Power of Living Your Values By Hyrum W. Smith Bibliography

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Editorial Review

From Publishers Weekly

With advice that's more practical than spiritual, this respectable if unoriginal self-help book encourages readers to find greater meaning in life through determining goals and formulating a mission statement. Smith believes that goal setting has value not only for individuals who have lost their moral compass, but for families, organizations (such as his Franklin Covey Company) and even nations. He supplies exercises for gaining self-understanding, evaluating one's roles, assessing their relative importance and determining what he calls "governing values," along with guidance for achieving long-range goals, pithy mantras ("whip the demons by small victories every day") and familiar talk about fear of failure and fear of change. Smith shares some anecdotes about his own development and the efficacy of his program, including a lengthy tale about lecturing to troubled Utah high school kids, along with reflections on Winston Churchill, Michael Jordan and Mother Teresa. With many accomplishments to his credit as a successful family man, the business executive who created the Franklin Planner daybook, a motivational speaker and the author of the bestseller *Ten Natural Laws of Time and Life Management*, Smith is well qualified to write this book and will attract many readers with his reputation, but some may be disappointed by his occasionally preachy and self-satisfied tone, and that his familiar message lacks the punch of authors like Stephen Covey and the empathy of such others as Laurie Beth Jones.

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Review

Jack Canfield coauthor of *Chicken Soup for the Unsinkable Soul* If you really want to take control of your life and do more of what is really meaningful to you, then read this book written by one of the true masters!

Richard Carlson author of *Don't Sweat the Small Stuff...and It's All Small Stuff* If you care about what really matters, read this book. Thoughtful and beautifully written. An enormous contribution to ethics, integrity, and the renewal of character.

From the Publisher

"If you really want to take control of your life and do more of what is really meaningful to you, then read this book written by one of the true masters!"--Jack Canfield, coauthor of *Chicken Soup for the Unsinkable Soul*

"If you care about what really matters, read this book. Thoughtful and beautifully written. An enormous contribution to ethics, integrity, and the renewal of character."--Richard Carlson, author of *Don't Sweat the Small Stuff . . . and It's All Small Stuff*

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resources or other social media.

Michael Albright:

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Lenora Dryer:

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Esther Cunningham:

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