



## **The Skinny Soup Maker Recipe Book: Delicious Low Calorie, Healthy and Simple Soup Machine Recipes Under 100, 200 and 300 Calories. Perfect For Any Diet and Weight Loss Plan.**

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and 300 Calories. Perfect For Any Diet and Weight Loss Plan.**

The Skinny Soup Maker Recipe Book is packed with 90 simple, tasty and low calorie recipes for your soup maker (or stove top). Offering tips and inspiration, the book guides you through a range of versatile and innovative soup ideas, drawing inspiration from around the world.

From traditional family favourites to new and interesting ideas which will change the way you think about soup. Even better ALL recipes are under 100, 200 or 300 calories.

The Skinny Soup Maker Recipe Book is the perfect accompaniment to any weight loss diet or healthy living plan!

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