



Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia

By Patricia M. Davies

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This new edition of a best-selling guide incorporates significant advances in the early and later rehabilitation of neurologically impaired patients. Based on the Bobath concept, Davies' approach to rehabilitation stresses the need to equip the patient for a full life, rather than setting arbitrary goals for functioning in a sheltered environment. Activities are described for correcting abnormal movement patterns and facial difficulties. Ways to regain walking, balance and other normal movement sequences are explained and demonstrated with 750 photographs of patients being treated.

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Bibliography

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Editorial Review

From the Back Cover

In the 15 years since publication of the first edition, Steps to Follow has gained a worldwide reputation among professionals as a unique practical guide to the treatment of neurologically impaired patients. This second, completely updated edition incorporates significant practical advances in early and later neurorehabilitation and in the understanding of the problems confronting both patients and those who work with them. The relevant therapeutic activities to improve functional ability and quality of life following a stroke are described in detail with the help of 750 photos showing patients in action during treatment: - Practical ways in which patients can be helped to interact more normally with their environment and so regain their independence, in spite of the perceptual disorders often associated with hemiplegia - More detailed explanation of hand function and more in-depth analysis of normal walking - Revised chapters on the various therapeutic activities, including new means of stimulating selective movements in order to counteract increases in muscle tone - Deeper understanding of abdominal muscle activity, which is relevant to retraining balance reactions and sitting and standing - A new chapter demonstrating how David Butlers concept of the mobilisation of neural structures throughout the body can be of inestimable value - Examples of ways in which therapists, nurses and relatives can help very severely disabled patients to avoid the development of secondary complications or overcome existing difficulties - Ways in which the patient can maintain mobility and continue to make progress even after cessation of treatment, by exercising at home and participating in sporting and other leisure activities.

Users Review

From reader reviews:

John Mullen:

Information is provisions for anyone to get better life, information these days can get by anyone with everywhere. The information can be a expertise or any news even a concern. What people must be consider whenever those information which is inside former life are challenging to be find than now is taking seriously which one is acceptable to believe or which one the actual resource are convinced. If you receive the unstable resource then you have it as your main information there will be huge disadvantage for you. All those possibilities will not happen inside you if you take Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia as the daily resource information.

Jack Young:

Often the book Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia will bring you to the new experience of reading any book. The author style to elucidate the idea is very unique. Should you try to find new book to read, this book very suitable to you. The book Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia is much recommended to you to learn. You can also get the e-book in the official web site, so you can quickly to read the book.

Harry Dwyer:

Playing with family within a park, coming to see the marine world or hanging out with pals is thing that usually you will have done when you have spare time, then why you don't try factor that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition info. Even you love Steps to Follow: The Comprehensive Treatment of Patients with Hemiplegia, you are able to enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh seriously its mind hangout fellas. What? Still don't get it, oh come on its known as reading friends.

Sammy Cheney:

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