



Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness

By Julia Cameron, Emma Lively

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With wisdom and strategies for becoming more prosperous every day of the year, this essential little volume from bestselling author Julia Cameron serves as a daily reminder of how to live a full and abundant life.

“People think of prosperity as a fiscal bottom line. ‘When I have X amount of money, I will feel better.’ The truth is that prosperity is a spiritual bottom line, and the formula should actually be: ‘When I have X amount of faith, I will feel better.’” —Julia Cameron

In this collection of 365 reflections on prosperity, readers will discover how they can become more prosperous with each new day of the year. According to Cameron, true prosperity has nothing to do with money. Rather, prosperity is about appreciating the life you have, even as you take practical steps to better your financial situation. ***Prosperity Every Day*** offers daily support on your journey toward greater prosperity—both in your wallet and in your life. Read daily, these meditations will put you on a spiritual path that will improve your solvency.

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Editorial Review

Review

Praise for *The Prosperous Heart*:

"Inspiring stories of how money affects people's lives accompany tools, exercises, and strategies for discovering the true meaning of prosperity and abundance in this uplifting and beneficial guide."

—**Publishers Weekly**

"Cameron (*The Artist's Way*) has written a book addressed to our times, offering advice on how to begin to fulfill one's dreams in times of recession or austerity." —**Library Journal**

Praise for *The Artist's Way*:

"**THE ARTIST'S WAY** by Julia Cameron is not exclusively about writing—it is about discovering and developing the artist within whether a painter, poet, screenwriter or musician—but it is a *lot* about writing. If you have always wanted to pursue a creative dream, have always wanted to play and create with words or paints, this book will gently get you started and help you learn all kinds of paying-attention techniques; and that, after all, is what being an artist is all about. It's about learning to pay attention."

--**Anne Lamott, Mademoiselle**

"The premise of the book is that creativity and spirituality are the same thing, they come from the same place. And we were created to use this life to express our individuality, and that over the course of a lifetime that gets beaten out of us. [**THE ARTIST'S WAY**] helped me put aside my fear and not worry about whether the record would be commercial."

--**Grammy award-winning singer Kathy Mattea**

"Julia Cameron brings creativity and spirituality together with the same kind of step-by-step wisdom that Edgar Cayce encouraged. The result is spiritual creativity as a consistent and nourishing part of daily life."

--**Venture Inward**

"I never knew I was a visual artist until I read Julia Cameron's **THE ARTIST'S WAY**."

--**Jannene Behl in Artist's Magazine**

"Julia Cameron's landmark book **THE ARTIST'S WAY** helped me figure out who I really was as an adult, not so much as an artist but as a person. And award-winning journalist and poet, Cameron's genius is that she doesn't tell readers what they should do to achieve or who they should be—instead she creates a map for readers to start exploring these questions themselves."

--**Michael F. Melcher, Law Practice magazine**

"If you really want to supercharge your writing, I recommend that you get a copy of Julia Cameron's book **THE ARTIST'S WAY**. I'm not a big fan of self-help books, but this book has changed my life for the better and restored my previously lagging creativity."

--**Jeffrey Bairstow, Laser Focus World**

"Working with the principle that creative expression is the natural direction of life, Cameron developed a

three month program to recover creativity. **THE ARTIST’S WAY** shows how to tap into the higher power that connects human creativity and the creative energies of the universe.”

--Mike Gossie, **Scottsdale Tribune**

“**THE ARTIST’S WAY** is the seminal book on the subject of creativity and an invaluable guide to living the artistic life. Still as vital today—or perhaps even more so—than it was when it was first published in 1992, it is a provocative and inspiring work. Updated and expanded, it reframes **THE ARTIST’S WAY** for a new century.”

--Branches of Light

“**THE ARTIST’S WAY** has sold over 3 million copies since its publication in 1992. Cameron still teaches it because there is sustained demand for its thoughtful, spiritual approach to unblocking and nurturing creativity. It is, dare we say, timeless.”

--Nancy Colasurdo, **FOXBusiness**

About the Author

Julia Cameron has been an active artist for more than thirty years. She is the author of more than thirty books, fiction and nonfiction, including her bestselling works on the creative process: *The Artist’s Way*, *Walking in This World*, *Finding Water*, and *The Writing Diet*. A novelist, playwright, songwriter, and poet, she has multiple credits in theater, film, and television.

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ACKNOWLEDGMENTS

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AUTHOR’S NOTE

People think of prosperity as a fiscal bottom line. “When I have X amount of money, I will feel better.” The truth is that prosperity is a spiritual bottom line, and the formula should actually be: “When I have X amount of faith, I will feel better.”

—*from* The Prosperous Heart

True prosperity has nothing to do with money. And no matter where you are financially, you can feel better immediately. Yes, we are going to take steps to resolve concrete financial questions along the way. But it’s not necessary to wait until some undetermined moment in the future to appreciate the life you have. If you decide you should wait until you are rich “enough” to feel like you have “enough,” you will never get there.

When we shift our perspective to one of gratitude, we instantly feel better. When we feel better, our attitude toward ourselves—and others—is naturally more generous. More generous, we prosper.

Drawing from multiple sources, this book is intended as a daily support on your journey toward greater prosperity—in your wallet and in your life. Read daily, these meditations will put you on a spiritual path that improves your solvency. Deceptively simple, these meditations perform a spiritual realignment.

GLOSSARY OF BASIC CONCEPTS

COUNTING: a daily tabulation of monies in and monies out

MONEY MAP: a monthly tabulation of our cash flow

PROSPERITY PLAN: a map of where we feel our money should go

ABSTINENCE: no debting

CREDIT CARD ROULETTE: maxing out one card and moving to the next

SOLVENCY: a state of financial security; we have “enough”

MONEY MADNESS: a state of the misuse of money characterized by debting and overspending

SPIRIT: the spiritual source of our well-being

January

JANUARY 1

A Spiritual Bottom Line

Prosperity isn't about money. This statement flies in the face of our usual thinking. “Of course prosperity is about money,” we want to say. But if we believe prosperity is about money, then there is never enough. We need to recognize that prosperity is a spiritual bottom line, not a fiscal one.

JANUARY 2

Unlimited Supply

When we are grounded spiritually, we recognize that Spirit is our source. This means we have an unlimited supply. Turning to a spiritual source moves us into a feeling of abundance. There is one energy, one force, sustaining all of life. That source is Spirit.

JANUARY 3

Money and Creativity

Many of us believe we will be more creative when we are financially comfortable. “When I have enough money, then I'll try . . .” we tell ourselves. But creativity does not depend on money. It depends on our sense of abundance. When we extend ourselves creatively, we often trigger an increased flow financially. Creativity is an act of faith. We extend ourselves, believing that good will come to pass. This act of faith brings us closer to our Creator, closer to our flow of good.

JANUARY 4

Having Enough

We are often anxious, telling ourselves that our security is in jeopardy. We fret and worry rather than take concrete actions to remedy our situation. Counting is the beginning of security. We learn how much money we have and where it goes. We are ending fiscal vagueness. As our knowledge becomes more concrete, we are better able to act on our own behalf. It helps to remind ourselves that we have always been taken care of. The Universe is abundant, and it manifests its abundance in many ways.

JANUARY 5

Clarity

Putting pen to page and recording our spending and earning gives us the beginning of clarity. Prosperity is not about vagueness, a dim sense that we have enough. Rather, prosperity and clarity go hand in hand. We don't think we might have enough; we know we do have enough. And if we have a shortfall, we know its proportions. We gain clarity about what we can do to improve our solvency. Often, it is a small step. Are we billing properly for our time and attention? If not, we are debting to ourselves.

JANUARY 6

Anxiety

Anxiety blocks our flow. Worried about what we don't have, focused on our lack, our anxiety increases. It takes a deliberate act of faith to reverse our scarcity thinking. Often, work with an affirmation will clear a channel. The affirmation can be simple: "There is plenty for all of us, including myself."

JANUARY 7

Adrenaline

Many of us, seeking prosperity, find ourselves facing resistance. Why? We have an active addiction to anxiety. We are accustomed to worry. We are habituated to an overflow of adrenaline. Ambiguity is the breeding ground of obsession—but Counting eliminates ambiguity.

JANUARY 8

Spirit as Source

When we rely on a higher power, we invite a divine energy to enter our lives. No longer self-reliant, we rely instead on the limitless abundance that is our true source. No task is too difficult for divine intelligence. As we allow Spirit's mind to think through us, problems are replaced with solutions.

JANUARY 9

Addiction

Addiction saps our energy. It keeps us from feeling abundant. Addiction can take many forms: alcohol, drugs, sex and love addiction, overwork—any of these can divert our flow or block it entirely. Turning to our higher power for help with our addictions leads us to freedom and prosperity.

JANUARY 10

A Beautiful Harvest

Solvent, we plant the seeds of a beautiful harvest. We look forward with anticipation to the bounty that will come. We count our blessings and know that more abundance follows. Taking our cue from the natural world, we expect abundance.

JANUARY 11

True Values

For many of us, values translate into material belongings. We want the new car, the designer clothes, the chic apartment. So focused are we on these goals that we seldom ask, “What do I truly value?” Our true values, often neglected, are spiritual. We want to feel comfortable in our own skin, secure—something we tell ourselves material goods will convey. The truth is that our spiritual well-being comes to us as we express our true values, extending ourselves in generosity to others.

JANUARY 12

Loss

When we experience material loss, we often find ourselves shaken in our faith. “How could Spirit let that happen?” we ask, when we should be asking, “Where does this loss point me?” Very often, we are encountering gain disguised as loss. A blow to our economic well-being asks us to acknowledge that in the moment, we are actually fine, despite our loss. We are asked to redouble our faith, affirming that Spirit is in charge and that there is a divine plan of goodness for us, of which this loss is a part. We can pray for acceptance. We can ask to see the silver lining. We can ask to trust that such a lining always exists.

JANUARY 13

Spiritual Nutrients

Sourced in Spirit, we are each abloom in the garden of God. Unique and irreplaceable, we are cared for precisely. We are each given the specific spiritual nutrients that result in our glorious blossoming.

JANUARY 14

The Magic Number

Many of us have a magic number, a sum that we tell ourselves will solve all of our problems. The magic number is elusive. It is always more than we currently have. And yet, when we reach our magic number, we often find that it has gone up. Our expenses have gone up as well. Our magic number is a fantasy. We tell ourselves our finances will be manageable when . . . but financial manageability is grounded in what we have got, not what we will have. It is often the imagined status our magic number will confer that is our true addiction. "If I make six figures, everyone will respect me," we falsely believe.

JANUARY 15

Abundance for All

We commit ourselves to Spirit. Doing so, we open our hearts and our minds to all of creation. Rather than having a separate, selfish voice, we find ourselves united to all. Rejoicing in our abundance, we see abundance for all.

JANUARY 16

Turbulent Emotions

As we withdraw from money madness, we often experience turbulent emotions. Committed to change, we ride those emotions out. Eventually, always, serenity takes their place.

JANUARY 17

Our Creative Dreams

Too often, we tell ourselves that our creative dreams are beyond our reach. If we had more money, we would be more creative, we say. We have it exactly backwards. If we are more creative, we experience a greater flow. When we take our dreams to our higher power and ask for them to manifest, we are often led, a step at a time, to their fulfillment.

Users Review

From reader reviews:

Carrie Grogan:

The book Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness give you a sense of feeling enjoy for your spare time. You need to use to make your capable a lot more increase. Book can being your best friend when you getting strain or having big problem using your subject. If you can make looking at a book Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness to become your habit, you can get a lot more advantages, like add your own capable,

increase your knowledge about several or all subjects. You can know everything if you like available and read a reserve Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness. Kinds of book are a lot of. It means that, science guide or encyclopedia or other individuals. So , how do you think about this book?

Pearl Sanders:

Book is to be different for each and every grade. Book for children until eventually adult are different content. As it is known to us that book is very important usually. The book Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness has been making you to know about other understanding and of course you can take more information. It is rather advantages for you. The guide Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness is not only giving you much more new information but also to be your friend when you experience bored. You can spend your own spend time to read your reserve. Try to make relationship with the book Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness. You never experience lose out for everything in case you read some books.

Bruce Jackson:

This Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness book is simply not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book is actually information inside this reserve incredible fresh, you will get facts which is getting deeper you read a lot of information you will get. That Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness without we realize teach the one who looking at it become critical in imagining and analyzing. Don't possibly be worry Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness can bring if you are and not make your bag space or bookshelves' turn into full because you can have it in your lovely laptop even cell phone. This Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness having very good arrangement in word in addition to layout, so you will not experience uninterested in reading.

Rebecca Bonnett:

As people who live in the modest era should be change about what going on or info even knowledge to make these individuals keep up with the era that is always change and make progress. Some of you maybe can update themselves by reading through books. It is a good choice in your case but the problems coming to anyone is you don't know what one you should start with. This Prosperity Every Day: A Daily Companion on Your Journey to Greater Wealth and Happiness is our recommendation to cause you to keep up with the world. Why, because this book serves what you want and wish in this era.

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