



The Anger Factor: Letting Go of Your Unresolved Anger

By Jeffery Combs

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The Anger Factor: Letting Go of Your Unresolved Anger By Jeffery Combs

Jeffery Combs tackles the issue of unresolved anger in this life-changing book. Readers will learn to recognize the many kinds of anger and will gain new understanding of the causes behind it. This is a book for anyone who has struggled with self-sabotage, emotional addiction, fear, worry, procrastination all which often stem from unresolved issues from past events. In down-to-earth, practical terms, Jeffery shares his own experience with anger, how he moved beyond it, and how he has assisted thousands of others to do the same. For anyone who struggles with anger and its debilitating effects, The Anger Factor is a proven road map for experiencing peace and achieving success.

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The Anger Factor: Letting Go of Your Unresolved Anger By Jeffery Combs Bibliography

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Editorial Review

About the Author

Jeffery Combs is an internationally recognized trainer, speaker, and best-selling author specializing in sales, marketing, branding, and addiction. The author of the highly inspiring books *More Heart Than Talent*, *The Procrastination Cure*, and *Psychologically Unemployable*, Jeffery's books and audio training programs benefit entrepreneurs and direct sales people at all levels of conscious development. As the president of Golden Mastermind Seminars Inc., Jeffery is committed to assisting people change the way they feel in order to achieve their goals and dreams.

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Derrick Tompkins:

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