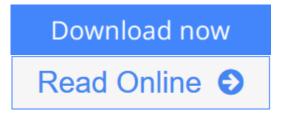


## **Spartan Women**

By Sarah B. Pomeroy



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This is the first book-length examination of Spartan women, covering over a thousand years in the history of women from both the elite and lower classes. Classicist Sarah B. Pomeroy comprehensively analyzes ancient texts and archaeological evidence to construct the world of these elusive though much noticed females. Sparta has always posed a challenge to ancient historians because information about the society is relatively scarce. Most existing scholarship on Sparta concerns the military history of the city and its heavily male-dominated social structure--almost as if there were no women in Sparta. Yet perhaps the most famous of mythic Greek women, Menelaus' wife Helen, the cause of the Trojan War, was herself a Spartan. Written by one of the leading authorities on women in antiquity, *Spartan Women* reconstructs the lives and the world of Sparta's women, including how their status changed over time and how they held on to their surprising autonomy. Proceeding through the archaic, classical, Hellenistic, and Roman periods, *Spartan Women* includes discussions of education, family life, reproduction, religion, and athletics.



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#### **Editorial Review**

#### Review

"Spartan Women is a book that all ancient historians and classicists should add to their reading lists and personal collections. Sarah B. Pomeroy is already a scholar of great reputation in women's studies in the classical world, and this book adds to her reputation as a trailblazer in this dynamic field. Pomeroy has created a new classic that I predict will be part of the academic canon for years to come." --HISTORY: Reviews of New Books

"Sarah Pomeroy's new book is a pioneering and important work, a thorough and painstaking study by perhaps the leading scholar of ancient Greek women's history. Thanks to this groundbreaking book, historians are now in a much better position than perhaps ever before to treat the daughters of Helen not as exemplars or myths but as real human beings." *-American Historical Review* 

"The book makes a valuable contribution to ancient Greek history and will immediately take its rightful place as the standard work in any language on a major but astonishingly long-neglected topic.... Pomeroy's female-oriented interrogation of the record is one that needed to be made, and in so doing she has significantly advanced our understanding of a critical--and diagnostically interesting--chapter in the history of women."--*Bryn Mawr Classical Review* 

"Spartan Woman is a landmark in the history of ancient women because it attempts for the first time to offer an account of the lives of both elite and non-elite Spartan women and to do so by sifting through a very difficult body of evidence.... In Spartan Women, readers will find an exhaustive survey of the available information on the subject."--New England Classical Journal

"The world's top scholar on women in antiquity examines the lives of citizen women in militaristic Sparta.... Her analyses of women's health, education, fitness, wealth, leisure, self-image, social prominence, and religious power are cogent.... Pomeroy's book offers the best current account of the central role of women in Spartan society.... Highly recommended."--*Choice* 

"Spartan Women is a masterly synthesis of its subject that is not only enriched by nearly a generation's accomplishments in the historiography of women, but also informed by a wise empathy for its subjects. An invaluable resource for students of antiquity, this book will also be provocative reading for anyone fascinated by the variegated textures of women's historical experiences."--Thomas J. Figueira, Rutgers University

"Drawing in part on approaches to women's history adapted by feminist historians, Sarah B. Pomeroy offers the most detailed study of Spartan women to date. Her thematically-organized chapters stress how Spartan women differed from their contemporaries, especially Athenians. Her appendix describing and evaluating the full range of our fragmentary historical, literary, and material sources illuminates the special challenge that she undertook in writing this book."--Helene P. Foley, Barnard College, Columbia University

"Spartan Women is the first full-length historical study of its elusive subject ever published. This is not surprising. The sources--meticulously laid out here in a wide-ranging appendix--are a historian's nightmare. Through this minefield Professor Pomeroy moves sure-footedly, armed with encyclopedic knowledge, a papyrologist's precision, speculative courage, and what Dr Johnson memorably described as 'a bottom of good sense.' No one will ever say the last word on any aspect of Spartan culture; but Spartan Women is a wonderfully thorough, sane, and for the most part convincing exploration of a controversial topic."--Peter Green, University of Iowa

#### About the Author

**Sarah B. Pomeroy** is Distinguished Professor of Classics at Hunter College and the Graduate Center, City University of New York.

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