



Multidisciplinary Management of Chronic Pain: A Practical Guide for Clinicians

By Sridhar Vasudevan

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"This book is a 'must have' resource in every physician/clinician practice setting." --Martin Grabois, M.D., Professor of PM&R, Baylor College of Medicine, Houston, TX.

Dr. Vasudevan draws upon an accumulated reservoir of clinical expertise to provide readers with an up-to-date and highly readable guide to multidisciplinary pain management. . . . If only this book was available years ago" --Francis J. Keefe, PhD. Professor of Psychology, Psychiatry and Anesthesiology, Duke University, Durham, NC.

This practical volume brings multidisciplinary innovations to the treatment of chronic pain. It argues expertly for the benefits of a biopsychosocial approach over current pain treatments more suited to acute care. The author's insights into the complexity of chronic pain and critiques of common but inconsistent unimodality pain management methods underscore the need for targeted multidisciplinary pain programs. Among a wealth of useful clinical nuggets, readers will find guidance on adding "virtual" support to a pain management team, details on ways patients can take an active role in dealing with their chronic pain, and the original concept of the "back attack."

Included in the coverage:

- Pain theories and factors behind chronic pain?its application in treatment.
- Cognitive behavioral coping strategies.
- Treatments that have questionable or controversial evidence.
- Evaluation of disability in patients with chronic pain.
- Creating a virtual multidisciplinary team.
- Common pain problems: low back pain, complex regional pain syndrome, myofascial pain syndrome, fibromyalgia.

Multidisciplinary Pain Management will enhance the work of diverse practitioners, including health and clinical psychologists, family and other

primary care physicians, psychiatrists, occupational and physical therapists, and rehabilitation specialists.

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Editorial Review

From the Back Cover

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"Dr. Vasudevan is a true champion of multidisciplinary pain management, and this book is a testament to his 40 years of patient care, research and teaching. His target . . . is the health care provider who deals with chronic pain patients and recognizes that traditional biomedicine does not provide treatment and requires multi-disciplinary approach to treat the bio-psycho-social aspects of patients with chronic pain." ---- John D. Loeser, M.D., Professor Emeritus, Neurological Surgery and Anesthesia and Pain Medicine, University of Washington, Seattle, WA.

About the Author

Sridhar Vasudevan, MD is an international medical leader who has lectured on chronic pain medicine in 20 countries on five continents. Past president of the Midwest Pain Society, the American Academy of Pain Medicine and the American College of Pain Medicine (now the American Board of Pain Medicine),

Wisconsin Society of Physical Medicine & Rehabilitation and the Waukesha County Medical Society, Dr. Vasudevan's support and advancement of a multidisciplinary approach to pain management has shaped contemporary practice. Dr. Vasudevan has been medical director of five comprehensive programs since 1977 and is currently medical director of the Pain Rehabilitation Center of Community Memorial Hospital in Menomonee Falls. He practices at North Hills Health center, a clinic of the Medical College of Wisconsin and Froedtert Health, in Menomonee Falls, Wisconsin.

Dr. Vasudevan is currently President of Wisconsin Rehabilitation Medical Professionals, S.C., in Milwaukee, Wisconsin and is a clinical professor of Physical Medicine & Rehabilitation Medical College of Wisconsin in Milwaukee.

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