



101 Things to do Before You Turn 40

By Kristin McCracken

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An inspiring guide for women who aren't afraid of 40...but want to make their most of their 30s first!

From #1 to #101, women approaching the big 4-0 will learn how to enter the decade with a bang with age-appropriate-and sometimes age-defying-experiences they'll want under their belts...

Quit your book club.

Eat the worm.

Make out with the best man.

Discover your superpower.

Boycott February 14th.

It's the ultimate checklist of goals-hilarious, heartfelt, and wise-for every woman under 40.

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Editorial Review

About the Author

Kristin McCracken is an educator and writer living in New York City.

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Glenn Pryor:

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