



101 Power Crystals: The Ultimate Guide to Magical Crystals, Gems, and Stones for Healing and Transformation

By Judy Hall

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101 Power Crystals: The Ultimate Guide to Magical Crystals, Gems, and Stones for Healing and Transformation By Judy Hall

The definitive resource for working with powerful crystals! Sparkling, luminous, and colorful, it is no wonder crystals have always been regarded as a source of power from ancient times to present day. But with the enormous number of crystals now on the market, it is difficult to choose exactly the right stone. In *101 Power Crystals*, internationally renowned crystal expert Judy Hall brings together 101 crystals that are powerful across a wide spectrum of uses and suitable for all types of user. Not all crystals suit everyone, and the selection has been specially chosen to offer alternatives and new possibilities that may not have been thought of before.

This complete collection includes high vibration crystals that experienced crystal practitioners will want to explore as well as those with earthier vibrations that are suited to beginners or those developing their sensitivities. It also features some rare and recently discovered crystals and stones that have not been included in any other volume, such as Aurora Quartz, Que Sera, Trigonic Quartz, and Preseli Bluestone. Each entry covers the history, mythology, and symbolism of the crystal in addition to its healing properties and environmental effects. There are crystals and stones for love, health, protection, abundance, and many other powers.

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Editorial Review

About the Author

Judy Hall is a successful Mind-Body-Spirit author with over 45 MBS books to her credit including the million copy selling Crystal Bible (volumes 1 and 2). She by the Watkins Review of the one hundred most spiritually influential authors this century. An internationally known author, psychic, healer, Judy conducts workshops in her native England and internationally. Her books have been translated into sixteen languages.

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The Power of Longevity: Agate

- Chakra correspondences: Varies according to color and type; stabilizes and cleanses all chakras
- Physiological correspondences: Skin, eyes, lymphatic system and fluid balance, uterus, stomach and digestive processes, blood vessels, pancreas, skin, emotional balance, mental concentration
- Vibration: Earthy

Legendary Power

Agate symbolizes wealth, health, and longevity. In Mesopotamia, Agates were engraved as seal stones (symbols of power and authority). Pliny wrote that the Romans used the stone to make mortar and pestles with which to grind medicines.

Agate supports life in difficult circumstances, keeping the soul from harm. Legend said that eagles carried Agates to their nests to protect their young from snakebites, so early people wore Agate amulets to guard against the venomous bites of spiders or scorpions. In China, Agate was believed to be the solidified blood of the ancestors. In India and North Africa, red Agates were thought to contain the blood of demons and thus afforded protection against evil spirits.

Agate is associated with Archangel Michael and the Shekinah, the divine feminine and merciful Queen of Heaven who rules karmic release, wholeness, and blessings. Almost certainly in the biblical Breastplate of the High Priest, Agate would have been the eighth stone, connecting it to Scorpio.

Healing Power

Travelers in the Arabian and African deserts sucked Agates to overcome the effects of thirst. In the Middle Ages, the stones were used to heal dropsy and fever, relieve insomnia, firm the gums, and prevent epilepsy in children. Today, crystal workers harness Agate's power to bring stability to the physical body and aura, cleanse the lymphatic system, and regulate fluid balance. The stone assists emotional healing and strengthens mental concentration.

Transformational Power

Agate puts you in touch with your inner self. Its power lies in its ability to transmute dark, toxic emotions such as jealousy, bitterness, and resentment, which have a psychosomatic effect on the body, creating disease in the heart and unrest in the soul. Due to its powerful cleansing effect, Agate helps you assimilate challenging life experiences and recognize the spiritual gifts they offer. By promoting self-acceptance and forgiveness, Agate increases receptivity to spiritual currents in your life. Carrying an Agate stimulates courage to start again and encourages you to hold fast to your own truth. It helps you recognize your eternal nature and the oneness of all things.

Although some Agates feature brilliant colors, these effects are created by humans, not nature. The raw stones are heated with minerals, such as iron, to turn dull slices of rock into rainbows of color. Agate reminds us that no matter how base the material we start with, it can be tempered and transformed by spiritual alchemy.

Users Review

From reader reviews:

Clara Reece:

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Merry Springs:

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