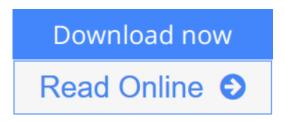


I Never Knew I Had A Choice: Explorations in Personal Growth (PSY 103 Towards Self-Understanding)

By Gerald Corey, Marianne Schneider Corey



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Thousands of readers have used the honest and inspiring I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, Ninth Edition to focus on their personal growth and effect personal change. Through their warm yet thoroughly research-based discussion of significant dimensions of life, Corey and Corey help students expand their awareness--and understanding--of the choices available to them. The text explores choosing a personal style of learning, the effects of childhood and adolescence experiences on current behavior, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. As they work through the text's self-inventories, exercises, and activities--and read first-person accounts of the difficult choices real people have made--students will gain insight into their lives, beliefs, and attitudes in a personally empowering way.



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Editorial Review

About the Author

Gerald Corey is Professor Emeritus of Human Services and Counseling at California State University at Fullerton. He received his doctorate in counseling from the University of Southern California. He is a Diplomate in Counseling Psychology, American Board of Professional Psychology; a licensed psychologist; and a National Certified Counselor. He is a Fellow of the American Psychological Association (Division 17, Counseling Psychology; and Division 49, Group Psychotherapy); a Fellow of the American Counseling Association; and a Fellow of the Association for Specialists in Group Work. Both Jerry and Marianne Corey received the Lifetime Achievement Award from the American Mental Health Counselors Association in 2011, and both also received the Eminent Career Award from ASGW in 2001. Dr. Corey was given the Outstanding Professor of the Year Award from California State University at Fullerton in 1991. He regularly teaches both undergraduate and graduate courses in group counseling and ethics in counseling. He is the author or coauthor of 15 textbooks in counseling currently in print, along with more than 60 journal articles and book chapters. In the past 40 years Jerry and Marianne Corey have conducted group counseling training workshops for mental health professionals at many universities in the United States as well as in Canada, Mexico, China, Hong Kong, Korea, Germany, Belgium, Scotland, England, and Ireland.

Marianne Schneider Corey, a licensed marriage and family therapist in California, is a National Certified Counselor and a fellow of the Association for Specialists in Group Work. She has been actively involved in providing training and supervision workshops in group process for human-services students and professionals. She also facilitates self-exploration groups for graduate students and continues to conduct training workshops in group counseling with her husband, Dr. Gerald Corey, in various countries. In 2001, the two received the Eminent Career Award for distinguished and major contributions to the field of group work by the Association for Specialists in Group Work.

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