

### **Biografeats: Life Lessons of Courage,** Perseverance, and Triumph

By Richard Lam



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Who was the shooting star with a very generous heart? Who cultivated the first round pearl? Who was the first woman doctor in America that became a medical pioneer? In Biografeats, author Richard Lam shares 24 short biographies of 12 men and women who found the courage to overcome many adversities on their path to success. This collection narrates the life lessons of some of history's greatest achievers - from artists and athletes, to entrepreneurs and humanitarians, as well as lawyers, teachers, and scientists from eleven different countries. These stories feature individuals that exemplify courage, persistence, perseverance, sacrifice, desire, determination, diligence, attitude, and belief. Each selection begins with the subject's childhood and then progresses through a course of events filled with challenges, adversities, failures, and successes, finally ending with a major achievement. Biografeats demonstrates that regardless of culture, race, nationality, gender, or circumstance, anyone can succeed in life and realize their dreams. Richard Lam lives to inspire and be inspired. He is a financial advisor in Chicago. Go to www.Biografeats.com for more info on the author, teacher resources, where to buy, etc.



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#### Biografeats: Life Lessons of Courage, Perseverance, and Triumph By Richard Lam Bibliography

Sales Rank: #6059041 in Books
Published on: 2009-07-09
Original language: English

• Dimensions: 8.50" h x .67" w x 5.50" l,

• Binding: Paperback

• 268 pages

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About the Author

Richard Lam is a former high school math teacher who lives in Chicago. He enjoys reading and sharing inspirational stories. His other hobbies include playing and teaching tennis and enjoying the beauty of nature.

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