



150 Shades of Play: A Beginner's Guide to Kink

By Em & Lo

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Winner of a 2013 IPPY Award!

Whether you loved the *Fifty Shades of Grey* erotic trilogy by E.L. James, hated it but couldn't put it down, or never read it but think your sex life could use some serious spicing up, then *150 Shades of Play* is for you! This helpful (and hilarious) illustrated A to Z guide includes:

- How to's on role play, dirty talk, spanking, bondage & more
- Important safety info missing from the *Fifty Shades* trilogy
- A voyeuristic peek at all of Christian Grey's "hard limits"
- Tips on shopping for top-of-the-line kinky accessories
- Notes on what the *Fifty* series got wrong about BDSM
- Everything beginners need to know to get their kink on!

Brought to you by America's sex-writing sweethearts EM & LO, *150 Shades of Play* will help make your Christian & Ana fantasies a reality—safely and sensually!

ADVANCE PRAISE FOR 150 SHADES OF PLAY:

"I consider Em & Lo my adopted sex daughters, and they have made me proud once again with '150 Shades of Play.' Their sound advice, smart writing, and sense of humor empower women to give kink a try, safely and realistically."
— **Betty Dodson**, sex educator icon & author of "Sex for One"

"For readers looking to tap their erotic potential, 'Fifty Shades of Grey' is only the tip of the sexual iceberg. With their signature sense of humor and commitment to educate, Em & Lo take readers on a guided journey into titillating, and often taboo, territories and expertly navigate a diverse landscape of thrilling possibility."

— **Ian Kerner**, PhD, GoodInBed.com founder & CNN columnist

"Unlike 'Fifty Shades of Grey' this was fun to read, informative and didn't take

eight chapters to get to the sex part. Em & Lo have yet again taught me more about sex than all the extensive research I've done by watching porn."
— **Joel Stein**, TIME magazine columnist & author of "Man Made"

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150 Shades of Play: A Beginner's Guide to Kink By Em & Lo Bibliography

- Sales Rank: #295018 in Books
- Brand: Brand: Better Half Books
- Published on: 2012-12-06
- Original language: English

- Number of items: 1
- Dimensions: 9.00" h x .58" w x 6.00" l, .75 pounds
- Binding: Paperback
- 228 pages

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Editorial Review

About the Author

Em & Lo, the Emily Posts of the modern bedroom, have penned six books on the topics of sex & love, including "Sex: How to Do Everything," which the Guardian named one of the best 10 sex guides of all time, alongside The Kama Sutra. They've written features for Glamour, Details, and Marie Claire, among others; and have penned columns for New York, the Guardian, and Men's Journal. The duo dish about love and lovin' on their daily advice blog, EMandLO.com.

Users Review

From reader reviews:

James Hubbard:

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