



The Tao of Psychology: Synchronicity and the Self

By Jean Shinoda, M.D. Bolen

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Understanding the Moments That Touch and Transform Our Lives

Who hasn't experienced that eerie coincidence, that sudden, baffling insight, that occasional flash of extrasensory perception that astonishes? Can these events be dismissed as mere chance, or do they have some deeper significance for us?

The twenty-fifth anniversary edition of this classic explores the inter-relationship between these meaningful coincidences and our intuitive sense that we are part of some deep oneness with the universe -- a oneness called Tao in Eastern philosophy and synchronicity in Jungian psychology. By relating the concepts of Tao and synchronicity, Dr. Bolen reveals important links between psychology and mysticism, right brain and left, the individual and the external world. **The Tao of Psychology** provides the key for each individual to interpret the synchronistic events in his or her life and gives fresh insight into the relationships, dreams, and flashes of perception that transform our existence.

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