



Soul Retrieval: Mending the Fragmented Self

By Sandra Ingerman

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With warmth and compassion, Sandra Ingerman describes the dramatic results of combining soul retrieval with contemporary psychological concepts in this visionary work that revives the ancient shamanic tradition of soul retrieval for healing emotional and physical illness. This revised and updated edition includes a new afterword by the author.

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Editorial Review

About the Author

Sandra Ingerman is today's leading practitioner of soul retrieval and conducts workshops around the world. In the course of her career she has created an international alliance of shamanic practitioners and teachers. Sandra has an MA in counseling psychology and is a licensed therapist. She is the author of other books on shamanism and healing the environment.

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