



Adult Health Nursing, 6e

By Barbara Lauritsen Christensen RN MS, Elaine Oden Kockrow RN MS

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Part of the popular LPN Threads series, this comprehensive text includes all of the vital medical-surgical and anatomy and physiology content you need to know. From an introduction to A&P to discussions of disorders by body system and beyond, *Adult Health Nursing, 6th Edition*, is an indispensable reference.

- Companion CD includes animations and audio clips depicting physiologic processes, physical assessment video clips, an English/Spanish glossary with definitions and audio pronunciations, an anatomy coloring book, and a fluid and electrolytes tutorial.
- Chapters begin with an overview of anatomy and physiology, providing a clear, basic understanding of A&P that LPN/LVNs need to know.
- The consistent, logical framework of the nursing process connects specific disorders to patient care.
- Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings, with considerations for special populations.
- Nursing Diagnosis boxes, screened and highlighted in the text, include nursing diagnoses for specific disorders paired with the appropriate nursing interventions.
- Skills in a step-by-step format with full-color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice.
- Medication tables are meticulously detailed and provide quick access to action, dosage, precautions, and nursing considerations for commonly used drugs.
- Nursing Care Plans, presented in a case-study format, emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision-making skills.
- An emphasis on communication features real-life examples of nurse-patient dialogue and illustrates practical guidelines for effective communication.
- Patient Teaching boxes and Family Teaching boxes include post-hospital discharge guidelines and disease prevention instructions with a strong focus on three-way communication among the nurse, patient, and family members.
- Life Span Considerations for Older Adults boxes provide age-specific information for the care of the aging population, which is often the primary

focus of the LPN/LVN nurse.

- Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting.
- Health Promotion boxes provide key information on staying healthy and preventing disease, with tips on wellness from Healthy People 2010.
- Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care.
- Complementary and Alternative Therapy boxes includes disorder-specific therapies, precautions, and possible side effects of non-traditional treatments.
- Enhanced focus on the NCLEX® Examination offers end-of-chapter Get Ready for the NCLEX Examination! sections with key points for self-guided study and remediation and an extensive set of review questions for thorough self-assessment. Additional review questions on Evolve provide instant feedback with correct answer and rationale for even more test-taking practice.
- Evidence-Based Practice boxes summarize the latest research findings and highlight how they apply to LPN/LVN practice.
- Updated, vibrant full-color design highlights key information and enhances your understanding of important concepts.

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Bibliography

- Sales Rank: #445074 in Books
- Published on: 2010-03-12
- Original language: English
- Number of items: 1
- Dimensions: 1.00" h x 8.50" w x 10.90" l, 3.00 pounds
- Binding: Paperback
- 864 pages

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