



The Wiley-Blackwell Handbook of Group Psychotherapy

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The Wiley-Blackwell Handbook of Group Psychotherapy From Wiley-Blackwell

A user-friendly guide of best practice for leading groups in various settings and with different populations, which incorporates the latest developments in today's mental health marketplace.

- Features multiple theoretical perspectives and guidelines for running groups for diverse populations, in the US and worldwide
- Offers modern approaches and practical suggestions in a user-friendly and jargon-free style, with many clinical examples
- Includes a major component on resiliency and trauma relief work, and explores its impact on clinicians
- Accompanied by an online resource featuring discussions of psychotherapeutic techniques in practice

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Editorial Review

Review

"This excellent book addresses group therapy from different theoretical perspectives, discusses both adults and children, and considers cultural issues. It also shows how groups develop and provides clinical examples. It will be helpful to both novice and seasoned therapists." (*Doody's*, 22 February 2013)

"Finally, we have a book about group therapy that answers the question, 'Is there one book that covers the waterfront but is deep enough to provide more than just an overview of models, and can actually help me become a better group therapist?' This is such a book." (*International Journal of Group Psychotherapy*, 2013)

Review

This unique volume presents various modern theoretical models which incorporate modern dynamic thinking about harnessing interpersonal forces in psychotherapy. The express goal is to allow therapists to 'sample' various theories to see which speaks to them most naturally. In addition, there are sections that focus on specific practical issues in group therapy with adults, children, and issues of diversity. With its especially preeminent selection of authors from the field of group psychotherapy, the *Wiley-Blackwell Handbook of Group Psychotherapy* is highly recommended for the experienced as well as novice group therapist.

—**J. Scott Rutan**, *Boston Institute for Psychotherapy, USA, and lead author of 'Psychodynamic Group Psychotherapy, 4th Edition'*

This volume reflects the expansion in the field of psychodynamic group psychotherapy that today incorporates a variety of theoretical perspectives. Leading experts from various countries provide the reader with a clear overview of the different approaches. In addition, there are chapters in this volume that deal with special populations and conditions of treatment. While providing a straightforward introduction to the plethora of material in the field, the volume will also serve as a comprehensive resource for any seasoned group psychotherapist.

—**Howard D. Kibel**, *Professor of Psychiatry, New York Medical College and past President of the American Group Psychotherapy Association, USA*

From the Back Cover

The Handbook of Group Psychotherapy is a user-friendly guide to conducting group psychotherapy in various settings and with different populations. It has been designed as a resource for new professionals, including graduate students in mental health, as well as more seasoned clinicians planning to integrate group psychotherapy into their work.

Bringing together pre-eminent group psychotherapists from different theoretical perspectives and countries, the articles in this volume present their approaches to conducting groups with diverse populations in different settings. Written in straight-forward, jargon-free language, the articles directly speak to the needs of the mental health professional planning to begin a group or to strengthen an existing group. Whether combined with a formal class in group techniques, human relations, or group dynamics, or in an institute training group practitioners, or read as part of one's own professional development, this work is likely to advance the

reader's clinical competency and strengthen their self-confidence as a leader.

Using a personal style and speaking from years of experience, the contributors provide hands-on suggestions as to how a group leader really works. From determining patient or client needs, developing treatment goals, and constructing a group, to handling emergencies, the contributors address the needs of the new group leader. The articles also address issues of diversity and globalism, as well as trauma and resiliency, making this a truly post-9/11 contribution.

Users Review

From reader reviews:

David Hyman:

This The Wiley-Blackwell Handbook of Group Psychotherapy is great publication for you because the content which can be full of information for you who else always deal with world and have to make decision every minute. This kind of book reveal it information accurately using great arrange word or we can state no rambling sentences included. So if you are read that hurriedly you can have whole information in it. Doesn't mean it only gives you straight forward sentences but challenging core information with wonderful delivering sentences. Having The Wiley-Blackwell Handbook of Group Psychotherapy in your hand like finding the world in your arm, details in it is not ridiculous one particular. We can say that no reserve that offer you world within ten or fifteen small right but this publication already do that. So , this is good reading book. Hi Mr. and Mrs. occupied do you still doubt that will?

Ruben Jenkins:

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Edward Suniga:

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Andre Barrett:

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