



Nobu's Vegetarian Cookbook

By Nobuyuki Matsuhisa

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Nobu's restaurants are known the world over for the quality of their ingredients and for the skill and originality with which the food is prepared and presented. Now, in this first cookbook by Nobu to focus on vegetable dishes, the master chef shares his expertise and deep knowledge of Japanese cuisine in more than sixty recipes that showcase vegetables in all their variety.

Throughout the book, the emphasis is on fine and healthy Japanese dining. Nobu uses a wide range of cooking techniques -- from marinating and pickling to steaming, roasting, boiling, frying, grating, etc. - to bring out the full flavors and textures of the vegetables. He also introduces tofu and yuba, both traditional Japanese ingredients made from soy beans; and offers recipes for vegetable sweets and cocktails blending fruits and vegetables.

The text and recipes are accompanied by gorgeous photos taken by Masashi Kuma, the James Beard Award-nominated photographer of Kaiseki and Nobu Miami.

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Nobu's Vegetarian Cookbook By Nobuyuki Matsuhisa Bibliography

- Published on: 2011-10-03
- Binding: Hardcover
- 176 pages

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Editorial Review

About the Author

Born in Japan, Nobuyuki Matsuhisa was classically trained in a sushi restaurant in Tokyo before he headed to Peru. He then went on to successive ventures in Argentina, Alaska, and L.A., where he opened Matsuhisa in 1987. Seven years later, Robert De Niro persuaded him to open Nobu New York City. Since then, he has opened 25 more restaurants around the world. In recognition of his influence on cooking worldwide, Time magazine chose him as one of "Asia's Heroes" in 2005. He has appeared as a guest on numerous television shows including "The Martha Stewart Show," "The Tonight Show with Jay Leno," "The Today Show," and others. Nobu's Vegetarian Cookbook is his fifth book; his first (Nobu: The Cookbook) and his most recent (Nobu Miami) were both published by Kodansha International.

Users Review

From reader reviews:

Cody Smith:

In this 21st century, people become competitive in every way. By being competitive now, people have to do something to make these survive, being in the middle of the crowded place and notice simply by surrounding. One thing that at times many people have underestimated the idea for a while is reading. Sure, by reading a guide your ability to survive rises then having a chance to endure than other is high. To suit your needs who want to start reading any book, we give you this kind of Nobu's Vegetarian Cookbook book as a basic and daily reading book. Why, because this book is more than just a book.

Eric Ballentine:

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