



# Essentials of TAT and Other Storytelling Techniques Assessment (Essentials of Psychological Assessment Series)

By Hedwig Teglasi

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Quickly acquire the knowledge and skills you need to confidently administer, score, and interpret a variety of storytelling techniques

Storytelling techniques are a popular projective approach for assessing many aspects of a person's personality, such as cognitive processes, emotional functioning, and self-regulation. The broad spectrum of techniques includes the Thematic Apperception Test (TAT--the most widely embraced), Roberts Apperception Test for Children, and TEMAS (Tell-Me-A-Story). To use these tests properly, professionals need an authoritative source of advice and guidance on how to administer, score, and interpret them. Written by Hedwig Teglasi, a leading researcher of the TAT and other storytelling techniques, *Essentials of TAT and Other Storytelling Techniques Assessment* is that source.

Like all the volumes in the *Essentials of Psychological Assessment* series, this book is designed to help busy mental health professionals quickly acquire the knowledge and skills they need to make optimal use of major psychological assessment instruments. Each concise chapter features numerous callout boxes highlighting key concepts, bulleted points, and extensive illustrative material, as well as test questions that help you gauge and reinforce your grasp of the information covered.

*Essentials of TAT and Other Storytelling Techniques Assessment* provides comprehensive instruction in test administration, scoring, and interpretation. As well, the author provides expert assessment of the methods' relative strengths and weaknesses, valuable advice on their clinical applications, and several case studies to illustrate best practices for implementing the storytelling approach to personality assessment.

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#### **Review**

This volume continues an exemplary series in which most authors have successful/influential earlier volumes that have been optimally redone in a relatively consistent format for the series. Each book demonstrates a carefulness of focus on "essentials" for a standard reference oriented to students as well as professional assessors.

More specifically, the Teglas volume is consistent with the entire series and of comparable quality with other volumes. The book will stimulate teaching of storytelling tests in professional psychology doctoral programs in a more responsible manner than heretofore. This book can potentially foster the usage of objective scores for the TAT and assist in restoration of its credibility for low inference interpretation by reducing a current vulnerability to criticism as a "projective interview" rather than a bona fide test.

I have just complete reading Hedi's book. It is without a doubt the best book on the use of story-telling techniques I have ever encountered. Hedi takes an art and makes it a science with both theoretical and empirical foundations and ties an old technique to modern views of information processing and assessment of problem solving. Well done! (Cecil R. Reynolds, PhD, ABPN, ABPP; Professor of Educational Psychology, Professor of Neuroscience Distinguished Research Scholar Texas A&M University)

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#### **From the Back Cover**

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