



# Qualitative Research Methods in Psychology: From core to combined approaches (UK Higher Education OUP Psychology)

By Nollaig Frost

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*"This book provides an introduction to four widely used qualitative research methods, followed by a detailed discussion of a pluralistic approach to qualitative research...makes excellent use of questions both in order to help the reader gain clarity as well as to encourage reflexivity."*

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*"The book makes excellent use of questions throughout, both in order to help the reader gain clarity regarding the ontological and epistemological assumptions underpinning different approaches to qualitative research, as well as to encourage reflexivity regarding the process of conducting qualitative research."*

The discussion of pluralism in Part 2 of the book is detailed and helpful, providing both guidance as to how to work pluralistically, as well as offering a welcome argument in favour of loosening the bonds of 'methodolatry, and to allow the research to be driven by questions and curiosity rather than by the researcher's commitment to a particular methodological approach."

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Providing practical guidance on carrying out qualitative research in psychology, using methods singly or in combination, this textbook supports students from the beginning of their research experience at undergraduate level through to postgraduate research and beyond.

The text introduces four widely used qualitative approaches, grounded theory, interpretative phenomenological analysis, discourse analysis and narrative analysis - and then considers ways of combining the approaches. Each chapter

focuses on practical aspects of pluralistic study design and application, including participant recruitment, ethics, data interpretation and writing up.

The book reflects the latest developments in qualitative research and includes several features designed to illustrate the applications of these, including:

- **Clear chapter introductions and summaries**

- Descriptive case studies and group projects
- Reflections on practice
- Problem-based questions
- Research examples

The contributors bring personal insight into qualitative research practice, covering key areas of psychology, including: health psychology, social psychology, criminal psychology, gender studies, psychotherapy and counselling psychology and organizational psychology.

**Contributors:** Cigdem Esin, Amanda Holt, Pnina Shinebourne and Sevasti-Melissa Nolas

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### **Editorial Review**

#### About the Author

**Nollaig Frost** is a Senior Lecturer in Psychology at Middlesex University, UK. She has taught qualitative research to students at all levels for several years and has led the Pluralism in Qualitative Research (PQR) project since its inception in 2006.

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