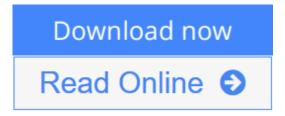


# Eat Istanbul: A Journey to the Heart of **Turkish Cuisine**

By Andy Harris



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Istanbul is one of the world's most fascinating cities, and this sumptuously illustrated book is a brilliant taster for all those who have visited or plan to visit this meeting point of East and West. Andy Harris and David Loftus ate their way around Istanbul, meeting the characters behind its intriguing food—artisan bakers, traditional chefs, fishermen and street-food vendors—and capturing the vibrant life and bustling streets with stunningly evocative photography. More than 90 inspiring, delicious yet simple recipes—some traditional and other more modern interpretations—combine to form Andy and David's unique guide.



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About the Author

Andy Harris is currently the editor of Jamie Oliver's Jamie magazine.

David Loftus is a well-known food and lifestyle photographer. He has worked on books with Jamie Oliver and Heston Blumenthal, among others.

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