



Sacred Sex: A Spiritual Celebration of Oneness in Marriage

By Tim Alan Gardner

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For years, Christians have been told that sex is God's creation, designed by him as a gift to husbands and wives. Yet few couples actually experience sex as a spiritual, God-ordained experience. Rather than admit their lack of fulfillment, many couples hide their disappointment and confusion, while others attempt to solve the problem through better sexual technique.

Unfortunately, all the advice on improved technique fails to explain the one thing that makes sense of it all. Despite the proliferation of resources to enhance sexual satisfaction, couples continue to struggle in their sexual relationship. In fact, author and licensed counselor Tim Gardner estimates that as few as 2 percent of married couples ever experience a truly exciting, energizing, and soul-touching physical bond. But now, that can change.

A couple's sexual relationship has a far higher purpose than pleasure or procreation. Scripture makes it clear that sex is the one thing on earth that joins two people into one. Now readers can learn how to approach marital sex in a way that brings the fulfillment of true oneness. *Sacred Sex* shows how they can experience a beautiful, God-ordained life of intimacy that blesses them far beyond the bedroom walls, serves as an act of worship to God, and touches their hearts and souls in ways they never could have imagined.

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Editorial Review

From Publishers Weekly

"How can I mention holiness and sex in the same phrase?" asks Tim Gardner, the author of *Sacred Sex: A Spiritual Celebration of Oneness in Marriage*. "Well, for one thing, because God does." So begins this thoughtful let's-talk-about-sex book for Christians. Gardner encourages readers (i.e., married couples) to practice unconditional acceptance of their partners' bodies and to have a clear understanding of why God created sex in the first place. The "big O," according to Gardner, "is not orgasm; it's oneness." Gardner provides excellent biblical and cultural examples of why the union of husband and wife should, as the New Testament explains it, represent the mystery of the relationship between Christ and the church.

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From the Inside Flap

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About the Author

Dr. Tim A. Gardner is a licensed counselor, ordained minister, and director of The Cabin counseling center. He also serves as Director of Family Ministries at Zionsville Presbyterian Church. Tim and his wife, Amy, are the founders and primary speakers for Marriage Makers, a weekend enrichment retreat. They are the parents of three children and live in the Indianapolis area.

Users Review

From reader reviews:

Doris Geer:

Here thing why this specific Sacred Sex: A Spiritual Celebration of Oneness in Marriage are different and reputable to be yours. First of all examining a book is good nevertheless it depends in the content than it which is the content is as tasty as food or not. Sacred Sex: A Spiritual Celebration of Oneness in Marriage giving you information deeper since different ways, you can find any publication out there but there is no book that similar with Sacred Sex: A Spiritual Celebration of Oneness in Marriage. It gives you thrill studying journey, its open up your current eyes about the thing that happened in the world which is maybe

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Alma Saunders:

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James Kostka:

In this particular era which is the greater individual or who has ability to do something more are more precious than other. Do you want to become one among it? It is just simple method to have that. What you have to do is just spending your time not much but quite enough to enjoy a look at some books. Among the books in the top list in your reading list is usually Sacred Sex: A Spiritual Celebration of Oneness in Marriage. This book that is certainly qualified as The Hungry Inclines can get you closer in growing to be precious person. By looking right up and review this book you can get many advantages.

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