



Living Buddha, Living Christ: 20th Anniversary Edition

By Thich Nhat Hanh

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"[Thich Nhat Hanh] shows us the connection between personal, inner peace and peace on earth." --His Holiness The Dalai Lama

Nominated by Martin Luther King, Jr. for a Nobel Peace Prize, Thich Nhat Hanh is one of today's leading sources of wisdom, peace, compassion and comfort.

The 20th anniversary edition of the classic text, updated, revised, and featuring a Mindful Living Journal.

Buddha and Christ, perhaps the two most pivotal figures in the history of humankind, each left behind a legacy of teachings and practices that have shaped the lives of billions of people over two millennia. If they were to meet on the road today, what would each think of the other's spiritual views and practices?

Thich Nhat Hanh has been part of a decades-long dialogue between two great contemplative traditions, and brings to Christianity an appreciation of its beauty that could be conveyed only by an outsider. IN lucid, meditative prose, he explores the crossroads of compassion and holiness at which the two traditions meet, and he reawakens our understanding of both. "On the altar in my hermitage," he says, "are images of Buddha and Jesus, and I touch both of them as my spiritual ancestors."

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Editorial Review

Amazon.com Review

If you have always assumed that Christianity and Buddhism are as far apart philosophically as their respective founders were geographically, you may be in for a bit of a surprise. In this national bestseller, Zen monk and social activist Thich Nhat Hanh draws parallels between these two traditions that have them walking, hand in hand, down the same path to salvation. In Christianity, he finds mindfulness in the Holy Spirit as an agent of healing. In Buddhism, he finds unqualified love in the form of compassion for all living things. And in both he finds an emphasis on living practice and community spirit.

The thread that binds the book is the same theme that draws many Christians toward Buddhism: mindfulness. Through anecdotes, scripture references, and teachings from both traditions, Nhat Hanh points out that mindfulness is an integral part of all religious practice and teaches us how to cultivate it in our own lives. Nhat Hanh has no desire to downplay the venerable theological and ritual teachings that distinguish Buddhism and Christianity, but he does cause one to consider that beyond the letter of doctrine lies a unity of truth.

From Library Journal

In this popular work Hahn, a Vietnamese Zen monk, offers some parallels between Eastern and Western spiritual practice in an accessible style that will please general readers.

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Review

"Thich Nhat Hanh is a holy man, for he is humble and devout. He is a scholar of immense intellectual capacity. His ideas for peace if applied, would build a monument of ecumenism, to world brotherhood, to humanity." —*Martin Luther King, Jr.*

"He shows us the connection between personal, inner peace, and peace on earth."—*His Holiness The Dalai Lama*

"The message: Peace, love, and compassion are central to the teachings of Buddha and Christ, and people of both faiths should be tolerant of one another." —*The Washington Post*

Users Review

From reader reviews:

Kelly Brooks:

Book will be written, printed, or created for everything. You can learn everything you want by a reserve. Book has a different type. We all know that that book is important point to bring us around the world. Adjacent to that you can your reading proficiency was fluently. A reserve Living Buddha, Living Christ: 20th Anniversary Edition will make you to possibly be smarter. You can feel far more confidence if you can know about everything. But some of you think that will open or reading a book make you bored. It isn't make you fun. Why they can be thought like that? Have you seeking best book or ideal book with you?

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