



Green Living For Dummies

By Yvonne Jeffery, Liz Barclay, Michael Grosvenor

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Want to do your part to reduce energy consumption, waste, and pollution; clean up the environment, and save the planet? *Green Living For Dummies* is packed with practical suggestions you can follow to make your lifestyle greener by doing as little damage as possible to the planet and the animal and plant life that depend on it.

This practical guide delivers an array of realistic practices and changes you can undertake to help the environment and create a better home for yourself and your loved ones. You'll discover easy and innovative ways to make a difference by reducing energy use and waste, scaling back reliance on your car, and even making minor adjustments to your diet. You'll also find how to live green at work and in your community, and you'll develop a deeper understanding of how these changes benefit both the environment and your own health and well-being! Discover how to:

- Go green gradually
- Make eco-friendly home improvements
- Work greener transportation into your lifestyle
- Save money by going green
- Eat locally and organically
- Raise your children's environmental awareness
- Reduce waste by repairing, restoring, and reusing
- Become a green consumer
- Invest in green companies for fun and profit

Complete with handy lists of things you can do to make a difference right away and down the road *Green Living For Dummies* is the resource you need to start taking steps toward shrinking your footprint.

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Editorial Review

From Publishers Weekly

Like many of the Dummies guides, this audiobook gives the listener an introductory exploration into how one becomes "greener." From the dinner table or the bathroom to the office, the authors provide practical tips and small changes people can make to decrease their waste and environmental footprint. While at times the reading feels like one long bulleted list, listeners can still cull a decent number of ideas to integrate into their lives. However, the authors falter on providing a cohesive approach or method to greener living and occasionally even contradict themselves (encouraging water conservation and then encouraging people to take showers at work). Brett Barry provides the congenial voice one expects from a good salesman or tour guide, which is a significant feat considering the aforementioned listings. The major problem with an audio like this is it either requires repeated listening or lots of pausing in order to write down useful tips. A quick reference guide along with the audiobook would have been greatly beneficial. A For Dummies paperback. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

Review

"Green lifestyle advice for the eco-aware." (*Ethical Corporation Magazine*, March 2007)

"Essential reading" (*Mature Times*, Tuesday 16th May)

From the Back Cover

Features strategies to apply green principles in your daily life

Minimize your impact on the world and enjoy a green lifestyle

Want to join the worldwide environmental initiative? This practical guide is packed with realistic ways to help the environment and create a better home for you and your loved ones, from reducing energy use and waste and scaling back reliance on your car to making a difference in your diet, at work, and in your community. You'll see how green living affects the environment — and why going green is great for your well-being!

Discover how to:

- Make eco-friendly home improvements
- Work greener transportation into your lifestyle
- Eat locally and organically
- Raise green kids
- Repair, restore, and reuse
- Become a green consumer and investor

Users Review

From reader reviews:

Ruth Mahan:

Your reading 6th sense will not betray anyone, why because this Green Living For Dummies book written by well-known writer who knows well how to make book that may be understand by anyone who all read the book. Written throughout good manner for you, leaking every ideas and publishing skill only for eliminate your own personal hunger then you still question Green Living For Dummies as good book but not only by the cover but also with the content. This is one book that can break don't determine book by its handle, so do you still needing yet another sixth sense to pick this kind of!? Oh come on your examining sixth sense already alerted you so why you have to listening to yet another sixth sense.

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Greg Butler:

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